



Mitzvah Circle Foundation

Meeting the Needs of People in Crisis

The Stress is Real

Dear Pamela,

Denise is a single mother of three who works as a grocery store cashier. She lost her father in April to Covid-19. Her children are 13, 10 and 8. With online school, Denise has no choice but to leave her three children at home while she works to support the family. She says that her oldest son, James, is responsible, and she hopes he'll be able to navigate his online classes and assist his younger siblings. It's a lot for a 13-year-old, but Denise won't talk about how worried she is because she wants to be positive for her children. She'd like to provide a nice work space for them and the school supplies they will need to succeed, but cannot afford these things. Her stress is overwhelming.

Rhonda worked as a home health aid before Covid hit. Her 2 year-old daughter, Noa, went to daycare. With Covid, the daycare moved to part-time, and Noa started having seizures. She's afraid to start working again and to send Noa to daycare. She can't risk Noah catching Covid. On the way to CHOP for her daughter's appointments, Rhonda worries about providing enough food, when her SNAP (food stamps) benefits will come through and how she will be able to buy the clothing, diapers and toiletries the family needs. Without a stroller, Rhonda carries Noa everywhere. She tries to remain strong, but she doesn't know what to do.

Covid has made all of our lives harder, but it has drastically and disproportionately increased the burden for people struggling with poverty and illness.

Because of you, we can help. We can send school supplies and clothing to Denise so she can use what little money she has left at the end of the month to purchase a desk for her children at a yard sale. We can deliver diapers, toiletries and a stroller to Rhonda so she'll feel less overwhelmed. Together we can alleviate the constant, debilitating stress these families are experiencing. By meeting critical, basic needs we are providing hope and making each day easier for families in very difficult circumstances.

Your generosity means that 60,000 people have received life-sustaining items over the last 6 months.



We can feel the relief a family experiences when reading their words of appreciation. "Thank you so VERY incredibly much for the ever so important delivery I just got! I'm crying so badly right now, thank you for all your help!"

When you make a donation a family like Rhonda's or Denise's receives necessities personalized to meet their exact needs. Can you help?

[Donate Now](#)

During these last six months, your generosity has eased stress, brought relief and improved health. Thank you so much.

With gratitude,

Fran Held

Founder and Executive Director



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