 charity: water

Moms already have the
hardest job in the world.



Why should it be harder?

Help bring clean water to families in need.

[GIVE CLEAN WATER](#)

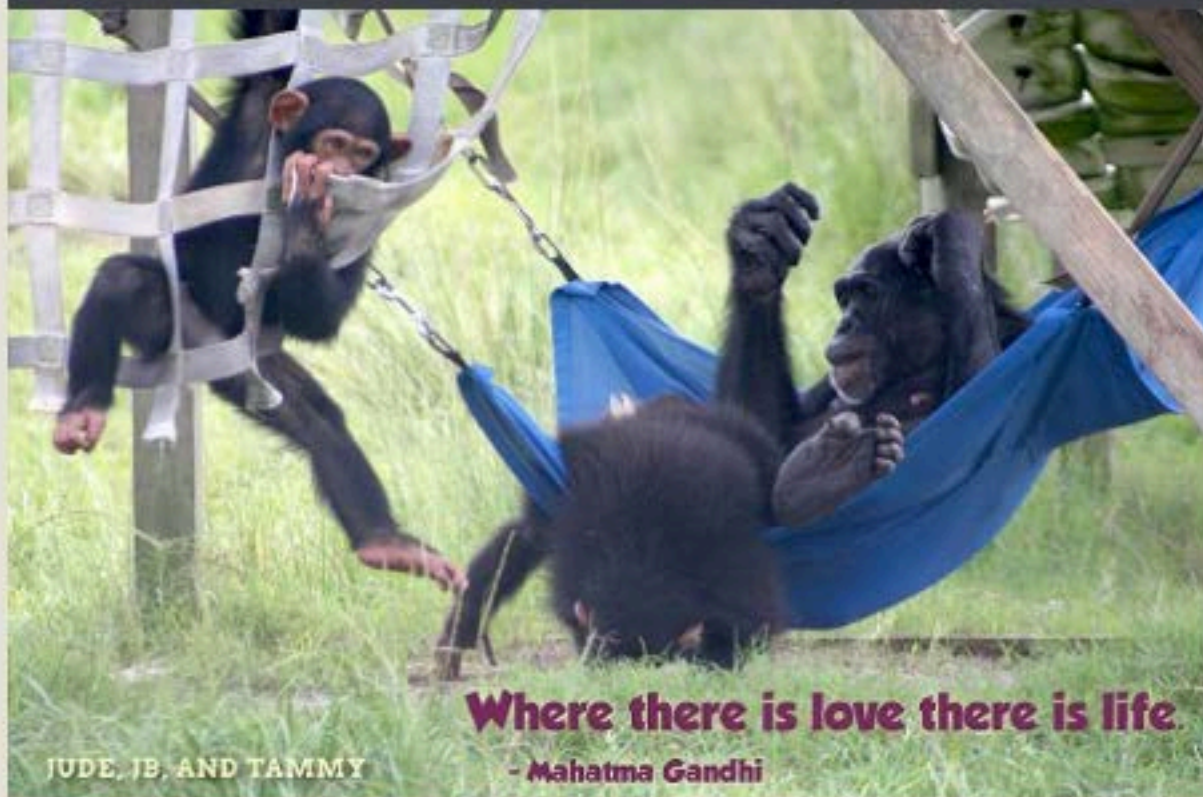




Save the Chimps
SPEAKING OUT FOR THEM

Adopt

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Where there is love there is life.

JUDE, JB, AND TAMMY

- Mahatma Gandhi

To mothers everywhere, we celebrate you!

HAPPY MOTHER'S DAY

savethechimps.org The world's largest chimpanzee sanctuary
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Our Mission:

To provide and build support for permanent sanctuary for the lifelong care of chimpanzees rescued from research laboratories, entertainment, and the pet trade.

Save the Chimps is a 501(c)(3) charitable organization and all contributions are tax-deductible to the extent allowed by law. 16891 Carole Noon Ln, Fort Pierce, FL 34945 | Telephone: [772-429-0403](tel:772-429-0403)



Pamela,

Today has been such a nice Mother's Day! I am so proud of the young men my sons are becoming – and thrilled they aren't "too old" to let their mom take lots of family photos!

I couldn't resist sharing one of my favorites – this one's of Henry getting ready for his First Communion with his big brother, Theo, by his side:



Wishing you a wonderful Mother's Day of your own with the special people in your life.

Kirsten

[Contribute](#)

"The dream I have for my family is that my kids are healthy."

Mothers everywhere have one thing in common: they want the best for their children and families. In an ideal world, they wake up each day to prepare nourishing meals, send their kids off to school, and achieve their own goals. But many moms also take on tremendous challenges to provide for their family and contribute to their community. How do they do it?



Share Rosa's story:  

[SEE MORE >](#)

For mothers like Rosa in rural Guatemala, education and a positive outlook have been the key to a happy and healthy family. "The dream I have for my family is that my kids are healthy and growing. I want my kids to move forward and improve themselves," says Rosa.

Malnutrition rates are high where Rosa and her children live, but she and other local women are fighting to change that. Through a Mercy Corps program, Rosa received training to host learning sessions and teach other moms how to prepare safe and nutritious meals. Now, her children are growing stronger every day.

"I'm going to keep doing all that I've learned and I'm not going to let it go," she says. "I'm going to do everything I've learned in the program so I can change my family and the community."



[MEET MORE STRONG MOMS >](#)



ahafoundation

THE AHA FOUNDATION
130 7TH AVENUE, BOX 236
NEW YORK, NY 10011

Happy Mother's Day

Celebrating your inner power,
Admiring your devotion and strength,
Endless sources of *inspiration*.



www.theahafoundation.org

In the language of flowers, black tulips symbolize power and strength. Send this free e-card to powerful individuals you want to honor this Mother's Day.

Dear Pamela,

On this Mother's Day, may every mother be free. May every mother survive childbirth and deliver a healthy baby. May every mother believe that her children will survive beyond the age of five. May every mother live in a household where she doesn't fear violence and abuse from her partner. May every mother have the choice to work and decide how to spend her salary. May every mother have access to care that keeps her healthy. May every mother treat opportunities for her daughter in the same way she treats those for her son. May every mother send her daughter to school. **May every mother and her children live in dignity.**

On this Mother's Day and every day, may every mother reclaim her own strength and end the "senseless cycle of pain."

*"My grandmother told these stories [of mothers helplessly watching their children die of malaria] along with stories of other women getting pregnant and giving birth to more children, of their **suffering and dying, of being overtaken by circumstances, being pushed into marriage, war, or worse.** It seemed to me like a senseless cycle of pain, discomfort, and death.*

-Ayaan Hirsi Ali, Nomad

Honor Someone Powerful this Mother's Day with a Free E-Card

In many countries in the world, women are treated poorly simply because they are female. Women die in childbirth or they witness their children dying before they turn five. They do not have a chance to go to school and are forced to marry at an early age. They are not allowed to make decisions for themselves or on behalf of their children. The violence or abuse they suffer is not to be questioned - but endured in silence.

In the US we believe that women and men are born equal. We believe that regardless of where you come from, you have the right to be free. **At the AHA Foundation, we help women free themselves from violence and live lives of their own choosing.** We help them regain their strength so they can empower their children and their communities. This Mother's Day, thanks to our Spring Challenge, **[your gift to the AHA Foundation has double the impact](#)**, which

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Support the AHA Foundation

Thank you,

The AHA Foundation

P.S. Tell your mom her strength is your inspiration with a free e-card featuring black tulips, flowers that symbolize power and strength. **[Give a gift to the AHA Foundation's Spring Challenge](#)** to help other women regain their power.

The AHA Foundation is the leading organization working to end honor violence that shames, hurts or kills thousands of women and girls in the US each year, and puts millions more at risk. Get involved at **www.theAHAFoundation.org**



Pamela,

Being a mother is incredible. But it is also, as I learned so quickly and devastatingly when my sweet little Daniel was taken from us, the greatest risk your heart and soul will ever take.

Becoming a mother means you will experience joy beyond compare. But it also means you will spend the rest of your life thinking about your child's well-being. You discover that your happiness depends on their happiness. When they hurt, you hurt.

And when Daniel was taken, a part of my heart and soul was taken along with him. But I have no regrets – because whether he was reuniting ants with their families, trying his hardest to master a new swimming stroke or just reaching for my hand in a parking lot, **I was proud every day to be his mom.**

I don't want to make you sad, but more than anything I don't want anyone else to spend Mother's Day living with the never-ending heartache of losing a child. **And no one has to, because every gun-related death is preventable – if we all come together to make real and lasting change.**

Pamela, I hope you'll help me share that message now, in honor of my little Daniel and all the children we can protect. **Please, take a moment to share the Sandy Hook Promise with your family and friends.**

[Click here now to share the Sandy Hook Promise with everyone you know – mothers, fathers, grandparents, siblings, friends – and ask them to be part of the solution to gun](#)



Like any mother, I hoped I would have the privilege of raising all of my children to adulthood, to watch them grow and thrive, to help them weather life's heartbreaks and celebrate its successes, to guide them and love them until the end of my time on earth.

Life, as you well know, did not turn out as planned.

Becoming my sweet, spunky, freckle-faced boy's mother proved to be risky, but it's a risk that I would take again, and again, and again. In Daniel's seven short years, he taught me more about boundless optimism and selfless love than I would ever have otherwise known. The joy he brought to my life has made this heartache worth carrying.

But there's no replacing Daniel's warm and cuddly hug, and no other mom should have to endure the heartache of losing a child. **That's why I'm asking you to please share the Sandy Hook Promise today.**

[Click here to share the Sandy Hook Promise with your family and friends in honor of Mother's Day.](#)

I wish you and your family a warm and wonderful Mother's Day. Give lots of hugs. Speak kind words. Make every moment count.

Thank you for your constant support,

Jackie Barden (Daniel's mom)

Donate

[Sandy Hook Promise Foundation](#)

PO Box 3489, Newtown, CT 06470, United States