



Pamela,

When I first began my job as an obstetrician, I thought I had it all. I was eager to start the family I'd always wanted with the man I loved. Yet 12 weeks into my pregnancy, my husband and I received news that would change our lives and shake our entire foundation.

During what we thought was a routine checkup, we found out that my first son's lower abdominal wall had not formed correctly and as a result, he had a mass as big as his head between his little legs. In the ultrasound, I could barely see his legs, and his tiny feet were already clubbed. His spinal cord was tethered, and the doctor told us if he survived that he would never walk or have a functioning bladder.

The doctor predicted our baby would die by suffocation upon delivery. Faced with horrible and difficult odds, my husband and I did what we knew was best for our son and our family—we decided to end the pregnancy.

These situations are incredibly personal and difficult, and women need to be able to make these decisions for themselves—without interference from politicians with a judgmental, ideological agenda.

Yet, anti-choice Republicans in Congress are meddling with women's lives by pushing through a dangerous, unconstitutional abortion ban. Abortion bans hurt women and families in their most crucially vulnerable situations, and serve no other purpose than a "win" for anti-choice extremists.

By sharing our candid, personal abortion stories with our communities and legislators, we can authentically fight against this injustice, inspire activism, and change hearts and minds. [We know the power and impact of storytelling, and for those of us who are ready and willing, we must speak up in this time of uncertainty, struggle, and resistance.](#)

As someone who has openly talked about my abortion, it isn't easy but sharing your story can make a difference. If enough of us bravely speak up, we can show how access to abortion has changed our lives and is only a choice we can make and no one else—it's our body and our decision.

[Take a moment to tell us about your abortion.](#)

Thanks for all you do for reproductive freedom.

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Dr. Cheryl Axelrod, OBGYN
Member, NARAL Pro-Choice America

DONATE NOW



Pamela, I wanted to make sure you saw this powerful message from Cheryl.

This past week, House Republicans held a hearing on an abortion ban so restrictive that it would outlaw abortion before most women even know they're pregnant.

While a majority of Americans will likely see this ban for what it is—extreme and unconstitutional—we're still likely to have a legislative battle ahead of us.

That's why sharing your story is crucial to changing hearts and minds. The more we can talk about and share our experiences (and our loved ones' experiences) with abortion, the more we can de-stigmatize what is a very common medical procedure.

It's easier to give away women's reproductive rights when they're an abstract idea. [Please share your abortion story today.](#)

Kate Thomas
Digital Director, NARAL Pro-Choice America

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Tell us your abortion story.

There's power in telling your abortion story. Not only can we change hearts and minds, we can correct the record from politicians who falsely speak up on behalf of women and families. And now more than ever, it's vitally important to share personal stories as the Trump administration continues to completely disregard that abortion rights are human rights.

If you're someone who has had an abortion, or are a friend, family member, or spouse who has experienced a loved one having an abortion, please take a few minutes to share your story. Your story can make a difference. **Share your story today to help raise awareness. It can inspire another person to speak out, and it could even help in the fight for reproductive freedom.**

Not Pamela Grow? [Click here.](#)

Tell your story:

Can we contact you?

Yes, NARAL Pro-Choice America is welcome to get in touch with