SeniorsFirst

Meals on Wheels, in-home care and more.

Dear Pamela,

Please know you are a crucial partner in the work we do and we are so grateful for your support. The needs of our community's most vulnerable seniors continue to grow as they experience the lingering effects of the pandemic. In addition to deeper and more widespread isolation, the increases in the price of food and other consumer products puts additional strain on clients already financially stretched.

We want to share with you the impact your contribution made and our financial position via our attached **2021 Gratitude Report.** We are so thankful to have your caring support and are humbled to have you as a partner in our work. **We simply could not accomplish our mission without you.**

Nothing conveys the impact of your contribution more than hearing from MaryAnn, one of our clients. "Emergency Meals on Wheels has been such a blessing. The volunteers are so pleasant and accommodating. Last but not least, this wonderful service allows me to live independently."

Seniors First is here for you to answer any questions you may have, to learn more about your impact, how to get more involved, or if you would just like to connect. We would be delighted to hear from you. Marsha: 407-615-8961 or Marsha email. Wendy: 407-373-7754 or Wendy email. Please be well and thank you for all you do.

Warm regards,



President/CEO



Chief Development Officer

Read our Annual Gratitude Report Here

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GRATITUDE REPORT 2021



OUR MISSION IS TO ENHANCE THE QUALITY OF LIFE OF SENIORS BY MAINTAINING THEIR INDEPENDENCE AND DIGNITY.

It takes each of us to make a difference for all of us.
Thank you, for making a difference.



WEBSITE WHO WE ARE WHAT WE DO WAYS TO GIVE CONTACT US



Volunteer

Donate Now

Seniors First, Inc., 5395 LB McLeod Road, Orlando, FL 32811
Phone 407-292-0177 | Fax 407-292-2773 | info@seniorsfirstinc.org

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FIRST FACTS

Clients Served: 4,071	**Volunteer Hours:** 22,214	**Shopping Assistance Hours:** 1,804	**Pieces of Medical Equipment Provided:** 731
Meals Served: 406,373	**Wards Served by Guardianship Program:** 137	**In-home Care Hours Provided:** 163,533	**Client Transportation Trips:** 14,547



COMMUNITY IMPACT

Meals on Wheels

96.5% report they are eating a healthier diet.

95.5% report MOW makes it easier to live at home.

90.9% report the volunteers make them feel less isolated.

Neighborhood Lunch Program

96.5% report they have something to look forward to.

86.1% report the program supports their daily well-being.

In-Home Care

93% report it helped them meet their daily living needs.

92% of caregivers reported less stress.

Stepping Stone Medical Equipment Bank

100% report their equipment makes it easier to complete activities of daily living.

Guardianship

100% of wards well being maintained.

ANNUAL REPORT 2021 STATEMENT OF FINANCIAL POSITION

AUDITED ASSETS

CURRENT ASSETS

Cash and cash equivalents	$3,177,453
Accounts receivable	1,296,245
Certificates of deposit	550,620
Prepaids and other assets	169,139
Total Current Assets	**$5,193,457**
PROPERTY AND EQUIPMENT, NET	**$1,149,432**

OTHER ASSETS

Contingency Reserve Fund	274,500
Funded depreciation	174,503
Beneficial interest in assets held by Central Florida Foundation	2,350,777
Security deposits	3,250
Total Other Assets	**2,803,030**
TOTAL ASSETS	**$9,145,919**

LIABILITIES AND NET ASSETS

CURRENT LIABILITIES

Accounts payable	$531,069
Accrued payroll and related expenses	110,009
Deferred revenue	272,387
TOTAL CURRENT LIABILITIES	**$913,465**

COMMITMENTS AND CONTINGENCIES

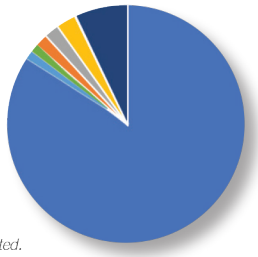
NET ASSETS

Without Donor Restrictions	7,952,842
With Donor Restrictions	279,612
Total Net Assets	**8,232,454**
TOTAL LIABILITIES AND NET ASSETS	**$9,145,919**

Figures taken from Seniors First Consolidated Statement of Activities 12-31-21 Audited

REVENUE BY FUNDING SOURCE — TOTAL: $11,290,984*

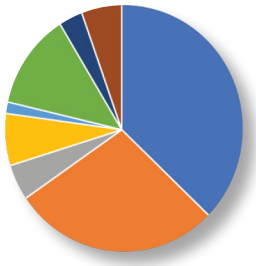
Grant & Contract Rev	9,755,254	86.40%
Fee for Service	195,799	1.73%
Other Contracted Services	223,121	1.98%
Donated Services & Rent	299,804	2.66%
Client Contributions	2,099	0.02%
Other Income	9,636	0.09%
Fundraising	805,271	7.13%



Figures taken from Seniors First Statement of Fuctional Exp - 12/31/21 audited.
**Net of cost of goods sold ($250,583)*

SENIORS FIRST FUNCTIONAL EXPENSES — TOTAL: $11,339,106*

In-Home Services	4,332,218	37.38%
Nutrition Services	3,216,627	27.75%
Transportation	569,572	4.91%
Guardianship	832,491	7.18%
Stepping Stone & Food Pantry	182,363	1.57%
Admin & General	1,481,488	12.78%
Fundraising	366,788	3.16%
Other Services	608,142	5.25%



Figures taken from Seniors First Statement of Fuctional Exp - 12/31/21 audited.
**Net of cost of goods sold ($250,583)*

PRESIDENT'S MESSAGE



As I sat down to write this thank you letter to you, I had one word in my mind, "Gratitude". I mean, we all know the definition. Websters says, Gratitude, noun: 1. The quality of being thankful; readiness to show appreciation for and to return kindness. But how? How can I fully express how much your support has meant to Seniors First and the 1,000's of clients we serve?

The question was how to start. But then I thought, "a readiness to show appreciation". It's important to me that you know just how much we appreciate you! We appreciate all you do each year to see that seniors who struggle with hunger, mobility, loneliness and depression are loved and cared for.

The simple truth is YOU make a difference when you donate your time or treasure, share our message on social media to spread the word, suggest to friends and family ways they too can ease the struggles of our most at risk senior citizens and simply help raise awareness. Just as a small drop of water can cause ripples that go on to effect everything around it, you have changed things for the better.

Thanks to you, seniors now have the security of knowing there will be fresh, nutritious food delivered daily, their home will be neat and tidy, someone will be there to help them groom and dress and most importantly, the comfort of knowing they are no longer alone.

And while a simple but heartfelt thank you doesn't seem enough, know that the work we are able to do in the community is only possible because of YOU and I could not be more thankful.

With the utmost gratitude,

- Marsha L. Lorenz, President/CEO

PROGRAMS AND SERVICES:

Meal Programs

- **Meals on Wheels:** Provides seniors with nutritious daily meals, warm conversation and a safety check.
- **Neighborhood Lunch with Transportation:** Nutritious meals and activities in a social setting.
- **Community Food Pantry:** Open the 2nd and 4th Thursday of each month at the Seniors First office.

In-Home Care Program

- **Care Management:** A custom care plan from a case manager who regularly monitors client needs.
- **Personal Care:** Homebound clients receive general hygiene services like bathing, shaving and dressing.
- **Homemaker:** Provides light housekeeping and services like laundry, shopping and meal preparation.
- **Companionship:** Relieves loneliness providing conversation, help with reading, errands and shopping.
- **Respite Care:** Certified personal care worker relieves caregivers for a few hours at a time.

Stepping Stone Medical Equipment Bank

- Offers new and refurbished medical equipment and safety devices at little-to-no cost.

Guardianship Program

- Trained staff and attorneys manage legal and medical affairs of incapacitated adults legally declared unable to care for themselves.

DID YOU KNOW?

- **1 in 6 seniors struggles with hunger.** *$280 feeds a hungry senior for a month on Meals on Wheels.*
- **The majority of our community's seniors are lonely.** *$125 provides a month of social activities and meals at our Neighborhood Lunch Program.*
- **68% of seniors age 65+ live with at least one disability.** *$100 removes barriers to mobility with medical equipment from our Stepping Stone Medical Equipment Bank.*
- **16,000 seniors in Orange County may not know where their next meal will come from.** *$100 feeds 6 hungry people for a week from our community food pantry.*
- **Up to 80% of seniors are socially isolated.** *$50 provides 3 hours of companionship and personal care through our In-Home Care Program.*

Thank you 2021 Funders and Corporate Partners

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