



Nashville Rescue Mission webletter@nashvillerescuemission.org [via](#) mail44.atl31.mcdlv.net

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Looking at her now, you would never know the darkness Sonia has faced.

Sonia had a seemingly peaceful life as a stay-at-home mom, until a series of tragic events led her down a destructive path.

“In just a few years, I went from being a stay-at-home mom to a full-blown addict, homeless, addicted to meth—and asking myself, ‘How did I get here?’”

Today, Sonia is clean, healthy, happy, and redeemed. [Read](#) how her life was transformed at Nashville Rescue Mission.

Read Sonia's Story

